



Second Annual
EBENEZER A.M.E. CHURCH
ARMED FORCES 5K / 2 MILE WALK

Saturday, May 21, 2011

- Y Race starts and finishes on 4th and Warren Ave.
- Y 6:30 am Registration Opens
- Y 7:30 am 5K Run Starts
- Y 7:45 am Speed Walkers Start
- Y 8:45-9:15 am Awards Ceremony

For additional information contact:

Form may be photocopied. One per person per entry. Entry fees are non-refundable.
Make checks payable to and mail to: Ebenezer A.M.E. Church, 902 Park Ave., Bremerton, WA 98337

• 5k Race • 2m Walk

PARTICIPANT NUMBER: _____

Last Name: _____ First Name: _____

Mailing Address: _____ Apt# _____

City: _____ State: _____ Zip Code: _____

Daytime Telephone: _____ Date of Birth: ____ / ____ / ____ Age on (5/21/11): ____ Sex: _____

Email: _____ Email address used for event communication only!

WAIVER OF LIABILITY AND HOLD HARMLESS: I know that participating in a running or walking event, regardless of the distance, includes an element of risk. I understand that I should not enter and participate in the Ebenezer AME Church's Armed Forces 5k (hereafter "the event") on May 21st, 2011, unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to compete in this event safely and I further agree that event officials may authorize emergency treatment for me. I also understand that although police officers will monitor the course, both vehicle traffic and spectators may also be present along the route and I assume the risks of participating under such conditions. I further assume any and all other risk associated with participating in this event including but not limited to, illness, traveling to and from the event, falls, contact with spectators or other participants, and the surface conditions of the roads and sidewalks, all risks being understood and appreciated by me. Having read this waiver and knowing these facts and in consideration of the acceptance of my entry, I hereby for myself, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge all subsidiaries, affiliates, assigns, representatives and successors of the following: The Bremerton Chamber of Commerce, The City of Bremerton, Ebenezer AME Church, event sponsors, officials, volunteers and any and all suppliers, agents, independent contractors, employers, and any other personnel in anyway assisting or connected with this event from any and all claims or liability of any kind or nature whatsoever arising out of my participation in this event. I also understand and agree that any sponsor may subsequently use, for publicity or promotional purposes, my name or pictures of me participating in this event without liability or obligation to me. Entries cannot be accepted without a valid signature. Entries from minors will be accepted only with a parent or legal guardian's signature.

SIGNATURE OF PARTICIPANT: _____ DATE: _____

SIGNATURE OF PARENT OR LEGAL GUARDIAN: _____ DATE: _____

(FOR PARTICIPANTS UNDER THE AGE OF 18)

